

## Camp Staff

### Ashland High School:

Beau Lehnerz -Head Football  
Coach/Defensive Coordinator

Tim Hernandez-QBs/WR/DBs

Tito Soriano-WR/DBs

Gilberto Roman-OL/DL

**Several current and former Grizzly Players  
will assist with the camp.**

For more information please contact:  
Beau Lehnerz 503-547-3396 or  
[beau.lehnerz@ashland.k12.or.us](mailto:beau.lehnerz@ashland.k12.or.us)

“We love and care for each  
other.” -Dave Kitchell

**Where:** Ashland High School  
Football Fields

**When:** July 8<sup>th</sup>-11<sup>th</sup> (10am –Noon)

**Who:** Students entering 3<sup>rd</sup> through  
8<sup>th</sup> grade. No prior experience  
required.

**Cost:** \$25

-Includes Camp T-Shirt

-Four days of Fun, Friends and  
Football

(\$15 for additional sibling)

**Scholarships are available**

**Same Day Registration:** Begins at  
9:30 am , July 8<sup>th</sup>, at the AHS  
Stadium Concession Stand

**What to bring:** Shorts, T-Shirt, water  
(we will have water at the camp)  
(Cleats are highly recommended)

**Certificate will be awarded at the  
last day of camp.**

This flyer is distributed to Ashland School District  
students as a courtesy to parents per board policy.  
Ashland School District does not endorse or sponsor  
community activities including any described in this flyer.  
If you have questions regarding this policy, please contact  
your child's principal.

# ASHLAND GRIZZLY FOOTBALL CAMP

---

JULY 8<sup>th</sup>-11<sup>th</sup>

- Non-Contact
- Fundamentals
- Technique



## Ashland Grizzly Football Camp Registration

Name \_\_\_\_\_ Grade \_\_\_\_\_ School \_\_\_\_\_

(entering in Fall of 2024)

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_ T-Shirt Size: Youth: S M L Adult: S M L

Parent Signature \_\_\_\_\_ Cost \$25 (Checks Payable to: Ashland Football Club)

email: \_\_\_\_\_ Mail to: AHS 201 S. Mountain Ave., Ashland, OR 97520

I hereby give my permission to have my child participate in the Ashland Football Camps. I hereby release Beau Lehnerz and the Ashland Football Program Staff from all claims by me or my heirs for any injury that may occur during the time of camp or during the transportation to and from camp and in the preparation for participating in camp.

Dear Future Grizzly Player,

The Grizzly Football Camp gives each player an opportunity to improve their playing skills, and have lots of fun.

We are excited once again to share Ashland Grizzly Football with young student-athletes from around the valley. We have a great coaching staff that will teach you fundamentals and drills just like what the Ashland Grizzlies do.

This is a non-contact camp, so you can be assured that you can play hard and have fun in a safe and encouraging environment.

We hope when you leave our camp, you will have learned new skills and developed a stronger self-confidence.

We look forward to meeting you at the Grizzly Football Camp.

Go Grizz!

Beau Lehnerz

Head Football Coach

Ashland High School

## Sample Daily Schedule

10:00 -Grizzly Team Warm Up

10:15 -Agility Circuit

10:30 -Defensive Fundamentals

- Defensive line*
- Linebackers*
- Defensive Backs*

11:00 -Break/Chalk Talk

11:10 -Offensive Fundamentals

- Quarterbacks*
- Wide Receivers*
- Running backs*
- Offensive Line*

11:40 -Grizzly Ball Games

Noon -Camp Dismissed

Each camper will be matched with age and or size appropriate teaching groups. Grizz Ball will be broken up into **3<sup>rd</sup> and 4<sup>th</sup> grade, 5<sup>th</sup> and 6<sup>th</sup> grade and 7<sup>th</sup> and 8<sup>th</sup> grade** groups.