# Camp Staff

## Ashland High School:

Beau Lehnerz -Head Football Coach

Eric Sullivan –Offensive Coordinator

Tim Hernandez-WR/DBs

Austin Brower –Off./Def. Line

Eric Sullivan –LBs/RB

Scott Chadick-QBs

Alaric Kaul-LB/RB

Several current and former Grizzly Players will assist with the camp.

For more information please contact: Beau Lehnerz 503-547-3396 or beau.lehnerz@ashland.k12.or.us

### Register Online at

https://ashlandfootballclub.com/grizz-kidscamp-registration/ or



"We love and care for each other." -Dave Kitchell

Where: Ashland High School Football Fields

When: June 26-29th (10am –Noon)

**Who:** Students entering 3rd through 8<sup>th</sup> grade. No prior experience required.

**Cost:** \$25

- -Includes Camp T-Shirt
- -Four days of Fun, Friends and Football

(\$15 for additional sibling)

Scholarships are available

**Same Day Registration:** Begins at 9:30 am, June 26th, at the AHS Stadium Concession Stand

What to bring: Shorts, T-Shirt, water (we will have water at the camp) (Cleats are highly recommended)

Certificate will be awarded at the last day of camp.

This flyer is distributed to Ashland School District students as a courtesy to parents per board policy. Ashland School District does not endorse or sponsor community activities including any described in this flyer. If you have questions regarding this policy, please contact your child's principal.

# ASHLAND GRIZZLY FOOTBALL CAMP

JUNE 26th-29th

-Non-Contact-Fundamentals-Technique



# Sample Daily Schedule

10:00 -Grizzly Team Warm Up

10:15 -Agility Circuit

10:30 -Defensive Fundamentals

• Defensive line

•Linebackers

•Defensive Backs

11:00 -Break/Chalk Talk

11:10 -Offensive Fundamentals

Quarterbacks

• Wide Receivers

•Running backs

•Offensive Line

11:40 -Grizzly Ball Games

Noon -Camp Dismissed

Each camper will be matched with age and or size appropriate teaching groups. Grizz Ball will be broken up into 3rd and 4th grade, 5th and 6th grade and 7th and 8th grade groups. Dear Future Grizzly Player,

The Grizzly Football Camp gives each player an opportunity to improve their playing skills, and have lots of fun.

We are excited once again to share Ashland Grizzly Football with young student-athletes from around the valley. We have a great coaching staff that will teach you fundamentals and drills just like what the Ashland Grizzlies do.

This is a non-contact camp, so you can be assured that you can play hard and have fun in a safe and encouraging environment.

We hope when you leave our camp, you will have learned new skills and developed a stronger self-confidence.

We look forward to meeting you at the Grizzly Football Camp.

Go Grizz!

Beau Lehnerz

Head Football Coach

Ashland High School

# Ashland Grizzly Football Camp Registration

Parent Signature Emergency Phone: T Shirt Size: Youth: S (entering in Fall of 2023) Mail to: AHS 201 S. Mountain Ave., Ashland, OR 97520 \_Cost \$25 (Checks Payable to: Ashland Football Club ) L Adult:

I hereby give my permission to have my child participate in the Ashland Football Camps. I hereby release Beau Lehnerz and the Ashland Football Program Staff from all claims by me or my heirs for any injury that may occur during the time of camp or during the transportation to and from camp and in the preparation for participating in camp.